

Redefining muscle sculpting.

FREQUENTLY ASKED QUESTIONS

What is truSculpt® flex?

truSculpt flex is a personalized muscle sculpting treatment that adjusts to your fitness level, shape, and goals to strengthen, firm, and tone your muscles. The unique Multi-Directional Stimulation (MDS) technology delivers three treatment options by replicating intensified crunch, squat and twisting actions. It's the edge you need to look and feel your best.

Am I a candidate for truSculpt flex?

Healthy men and women can benefit from truSculpt flex treatments. During your consultation, our provider will discuss with you if you are a candidate, based on your health and medical history.

How long does a treatment take?

Up to eight areas can be treated in one 45-minute session.

How many treatments will be needed?

Remarkable results can be achieved with as little as four treatments. Additional treatments may be required to achieve the personalized results you desire.

What will the treatment feel like?

As the treatment begins, patients feel a gentle contraction sensation and, as the intensity slowly increases, the muscle contraction intensifies but remains comfortable.

Is there really no downtime?

truSculpt flex is non-invasive, requires no recovery time, and patients are able to immediately return to normal activities after the treatment. Post-procedure, patients may notice tingling in the areas treated for up to a few hours and/or slight muscle soreness or tenderness for 24-72 hours.

When will I see results?

Results may be visible after the second session with maximum results visible 8-12 weeks after the last session.

Schedule your free consultation today.

SlimCare Solutions, A Physician Assistant Corporation
(916) 579-7546

www.SlimCareSolutions.com